



NUMBER	ALTITUDE RANGE	NUMBER	ALTITUDE RANGE
R-109	100 AGL TO 14000	VR-217	200 AGL TO 7000
R-111	100 AGL TO 14000	VR-218	500 AGL TO 4000
R-112	SURFACE TO 11000	VR-219	300 AGL TO 9500
R-113	100 AGL TO 11000	VR-220	200 AGL TO 4500
R-114	100 AGL TO 11000	VR-221	300 AGL TO 9500
R-115	100 AGL TO 11000	VR-222	300 AGL TO 9500
R-116	100 AGL TO 11000	VR-223	300 AGL TO 9500
R-117	100 AGL TO 11000	VR-224	300 AGL TO 9500
R-118	100 AGL TO 11000	VR-225	300 AGL TO 9500
R-119	100 AGL TO 11000	VR-226	300 AGL TO 9500
R-120	100 AGL TO 11000	VR-227	300 AGL TO 9500
R-121	100 AGL TO 11000	VR-228	300 AGL TO 9500
R-122	100 AGL TO 11000	VR-229	300 AGL TO 9500
R-123	100 AGL TO 11000	VR-230	300 AGL TO 9500
R-124	100 AGL TO 11000	VR-231	300 AGL TO 9500
R-125	100 AGL TO 11000	VR-232	300 AGL TO 9500
R-126	100 AGL TO 11000	VR-233	300 AGL TO 9500
R-127	100 AGL TO 11000	VR-234	300 AGL TO 9500
R-128	100 AGL TO 11000	VR-235	300 AGL TO 9500
R-129	100 AGL TO 11000	VR-236	300 AGL TO 9500
R-130	100 AGL TO 11000	VR-237	300 AGL TO 9500
R-131	100 AGL TO 11000	VR-238	300 AGL TO 9500
R-132	100 AGL TO 11000	VR-239	300 AGL TO 9500
R-133	100 AGL TO 11000	VR-240	300 AGL TO 9500
R-134	100 AGL TO 11000	VR-241	300 AGL TO 9500
R-135	100 AGL TO 11000	VR-242	300 AGL TO 9500
R-136	100 AGL TO 11000	VR-243	300 AGL TO 9500
R-137	100 AGL TO 11000	VR-244	300 AGL TO 9500
R-138	100 AGL TO 11000	VR-245	300 AGL TO 9500
R-139	100 AGL TO 11000	VR-246	300 AGL TO 9500
R-140	100 AGL TO 11000	VR-247	300 AGL TO 9500
R-141	100 AGL TO 11000	VR-248	300 AGL TO 9500
R-142	100 AGL TO 11000	VR-249	300 AGL TO 9500
R-143	100 AGL TO 11000	VR-250	300 AGL TO 9500
R-144	100 AGL TO 11000	VR-251	300 AGL TO 9500
R-145	100 AGL TO 11000	VR-252	300 AGL TO 9500
R-146	100 AGL TO 11000	VR-253	300 AGL TO 9500
R-147	100 AGL TO 11000	VR-254	300 AGL TO 9500
R-148	100 AGL TO 11000	VR-255	300 AGL TO 9500
R-149	100 AGL TO 11000	VR-256	300 AGL TO 9500
R-150	100 AGL TO 11000	VR-257	300 AGL TO 9500
R-151	100 AGL TO 11000	VR-258	300 AGL TO 9500
R-152	100 AGL TO 11000	VR-259	300 AGL TO 9500
R-153	100 AGL TO 11000	VR-260	300 AGL TO 9500
R-154	100 AGL TO 11000	VR-261	300 AGL TO 9500
R-155	100 AGL TO 11000	VR-262	300 AGL TO 9500
R-156	100 AGL TO 11000	VR-263	300 AGL TO 9500
R-157	100 AGL TO 11000	VR-264	300 AGL TO 9500
R-158	100 AGL TO 11000	VR-265	300 AGL TO 9500
R-159	100 AGL TO 11000	VR-266	300 AGL TO 9500
R-160	100 AGL TO 11000	VR-267	300 AGL TO 9500
R-161	100 AGL TO 11000	VR-268	300 AGL TO 9500
R-162	100 AGL TO 11000	VR-269	300 AGL TO 9500
R-163	100 AGL TO 11000	VR-270	300 AGL TO 9500
R-164	100 AGL TO 11000	VR-271	300 AGL TO 9500
R-165	100 AGL TO 11000	VR-272	300 AGL TO 9500
R-166	100 AGL TO 11000	VR-273	300 AGL TO 9500
R-167	100 AGL TO 11000	VR-274	300 AGL TO 9500
R-168	100 AGL TO 11000	VR-275	300 AGL TO 9500
R-169	100 AGL TO 11000	VR-276	300 AGL TO 9500
R-170	100 AGL TO 11000	VR-277	300 AGL TO 9500
R-171	100 AGL TO 11000	VR-278	300 AGL TO 9500
R-172	100 AGL TO 11000	VR-279	300 AGL TO 9500
R-173	100 AGL TO 11000	VR-280	300 AGL TO 9500
R-174	100 AGL TO 11000	VR-281	300 AGL TO 9500
R-175	100 AGL TO 11000	VR-282	300 AGL TO 9500
R-176	100 AGL TO 11000	VR-283	300 AGL TO 9500
R-177	100 AGL TO 11000	VR-284	300 AGL TO 9500
R-178	100 AGL TO 11000	VR-285	300 AGL TO 9500
R-179	100 AGL TO 11000	VR-286	300 AGL TO 9500
R-180	100 AGL TO 11000	VR-287	300 AGL TO 9500
R-181	100 AGL TO 11000	VR-288	300 AGL TO 9500
R-182	100 AGL TO 11000	VR-289	300 AGL TO 9500
R-183	100 AGL TO 11000	VR-290	300 AGL TO 9500
R-184	100 AGL TO 11000	VR-291	300 AGL TO 9500
R-185	100 AGL TO 11000	VR-292	300 AGL TO 9500
R-186	100 AGL TO 11000	VR-293	300 AGL TO 9500
R-187	100 AGL TO 11000	VR-294	300 AGL TO 9500
R-188	100 AGL TO 11000	VR-295	300 AGL TO 9500
R-189	100 AGL TO 11000	VR-296	300 AGL TO 9500
R-190	100 AGL TO 11000	VR-297	300 AGL TO 9500
R-191	100 AGL TO 11000	VR-298	300 AGL TO 9500
R-192	100 AGL TO 11000	VR-299	300 AGL TO 9500
R-193	100 AGL TO 11000	VR-300	300 AGL TO 9500

UNITED STATES GOVERNMENT
FLIGHT INFORMATION PUBLICATION
IFR ENROUTE LOW ALTITUDE - U.S.
For use up to but not including 18,000' MSL
HORIZONTAL DATUM: NORTH AMERICAN DATUM OF 1983
EFFECTIVE DATE: 29 JUL 2010
18 00012 23 SEP 2010

Consult NOTAMs for latest information
Published by the U.S. Department of Transportation
Department of Defense & Federal Aviation Administration
MILITARY TRAINING ROUTES

THIS CHART CONTAINS OFF ROUTE OBSTRUCTION CLEARANCE ALTITUDES (ORCA) and/or PROCEDURE CONTACTS. For recommendations regarding format and content contact: FAA, National Aeronautics and Space Administration, 1200 Independence Ave., S.W., Washington, D.C. 20591. Online at: <http://www.faa.gov>. Email: FAA-ATIS@faa.gov. Telephone: 1-800-947-2236 or any authorized chart agent.

FOR CHARTING ERRORS CONTACT: FAA, National Aeronautics and Space Administration, 1200 Independence Ave., S.W., Washington, D.C. 20591. Online at: <http://www.faa.gov>. Email: FAA-ATIS@faa.gov. Telephone: 1-800-947-2236 or any authorized chart agent.

Published by the U.S. Department of Transportation
Federal Aviation Administration
Aeronautics Service
http://www.faa.gov

FAA Product ID: ELUS7
NSN 7641014109652
ENRXUSLCHT07